

NOROVIRUS

Clean it up!

What is Norovirus?

Norovirus is a viral infection that is a common cause of diarrhea and vomiting. Norovirus is highly contagious.



How is Norovirus Spread?

- Norovirus can live up to 10 days on hard surfaces, such as doorknobs, hand rails, etc.
- Touching surfaces that have the virus on them.
- Direct contact with an infected person.
- Through food handled by an infected person.



Who Gets Norovirus?

ANYONE CAN GET NOROVIRUS!

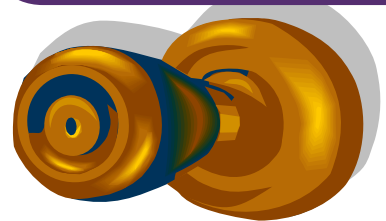
Common symptoms:

- Nausea
- Vomiting
- Diarrhea

Hospitalization is rare and most people recover in 24- 48 hours.

Clean it Up!

- Clean all hard surfaces with a bleach based cleaner.
- Follow all precautions and instructions on the bleach bottle.
- Use 1/3 cup bleach to one gallon of water for cleaning.
- Leave solution on for 20 minutes then rinse with clean water.
- Wash all soiled clothing and linens in hot water with a bleach based detergent.
- ★ *For alternative cleaning instructions see our website.*



Protect yourself!

Wash hands thoroughly after contacting anything that may be contaminated.

For More Information Visit:

http://health.utah.gov/epi/diseases/norovirus/noro_index.htm

Or

Call Your Local Health Department at: